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Instant Karma



Synopsis

Help others. Help yourself. Be a better person, and make the world a better place. Using the wisdom of the East to instruct and inspire, Instant Karma is a universe of things a reader can do, right now, to accumulate good karma. And, like pennies going into a piggy bank, each is a seemingly little thing-but feed the bank day after day and feel it grow richer and happier. Created by Barbara Ann Kipfer, the author whose books-including 14,000 Things to Be Happy About, 8,789 Words of Wisdom, and The Wish List-have 1.2 million copies in print, Instant Karma is a compulsive, densely packed, chunky little book of 10,000 or so suggestions, wishes, thoughts, and the occasional heartening quotation. Line after line, page after page, mesmerizing to read and filled with inspiration, it is the best kind of call to action-good for you and good for others.

Book Information

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Customer Reviews

A collection of the simplest possible ideas for adding positive influence to your life and the lives of those around you. With few exceptions, the suggested actions in this book transcend religion and culture; they should raise little controversy and are beyond debate. If you find one you are uncomfortable with, turn the page. Open the book anywhere and find a gem of universal wisdom--simple everyday direction on living well on planet earth. If you're christian, buddhist, muslim, jewish, hindu or atheist, buy this and draw inspiration from it daily. Make the world a better place. HIGHLY recommended.

This has been the most uplifting little book I've put my hands on in years. So, great that I've

purchased about 20 of these over the past 4 years to give as gifts for birthday, new job, new home, Christmas, etc. Every time I pick it up, I find something new and great to think about and share. You will surely find this a great little book with BIG uplifting appeal.

This is, by far, my favorite book. Inside, you will find 8,879 amazing pieces of inspiration and advice. It's great for bad moods, rainy days, boredom, or anytime.

Is this an old book with a new title and cover? It seems that Instant Karma: 8,789 Ways to Give Yourself and Others Good Fortune Right Now may be a re-mixed version of 8,789 Words of Wisdom. Same Author, same publisher, same 8,789. The older, less expensive book (8,789 Words of Wisdom) has reviews across the spectrum, ranging from 5 stars to 1, while the newer one is all 5-star reviews. 8,789.

This book is one that I actually carry around with me almost everywhere. It's fun to read, and many of the suggestions inside actually are a great pick-me-up during the day. I like it's small size, and I also like how you don't have to read the suggestions for good karma in order if you don't want to. As far as to say if the book actually does bring good fortune is something that I can't really prove... but it really does make one feel good.

disappointed. just short sentences. No enlightenment here. not very deep. 1,001 ways series is better. donating it to library. Won't buy another of her books. deleted them from my list. Depressing purchase.

This is such a GREAT book. I would give it a million stars!! I think everyone in the world needs at least one copy. I bought one a year ago and I try to read one page everyday of my life. I just bought about 5-6 more because they are great birthday gifts!! It is such a great uplifting book!!

I read a couple of pages each day and try to implement a little goodness into my life and others. It's almost like a little reference to the good life for me. It's in list format and I LOVE lists! I highly recommend this little book.

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